



Unit 10 Sports



Reading

The Spirit of Marathon

Warming up

- *Where is the city of Athens?*



Athens was a beautiful city in ancient Greece.

- *How many kilometers in the marathon race?*

42.195km



- *What do you know about the Olympic Games?*



Europe

Africa 非洲

America

欧洲

美洲



Asia

Oceania

亚洲

大洋洲

皮埃尔·德·顾拜旦 (Lebaron Pierre De Coubertin, 1863~1937), 是法国著名教育家、国际体育活动家、教育学家和历史学家、现代奥林匹克运动的发起人。1863年1月1日出生于法国巴黎的一个非常富有的贵族家庭。1896年至1925年, 他曾任国际奥林匹克委员会主席, 并设计了奥运会会徽、奥运会会旗。由于他对奥林匹克不朽的功绩, 被国际上誉为“**奥林匹克之父**”。



Who is he ?

A photograph of the Water Cube building at night. The building's facade is composed of numerous irregular, translucent panels that are illuminated from within, creating a vibrant, multi-colored effect. The colors range from deep blue and purple to bright cyan and magenta. The building is set against a dark night sky. In the foreground, the dark silhouette of the building's base is visible, with some interior lights and a few people standing near the entrance. The overall scene is a striking example of modern architectural lighting.

Water Cube

水立方

espnstar.com.cn

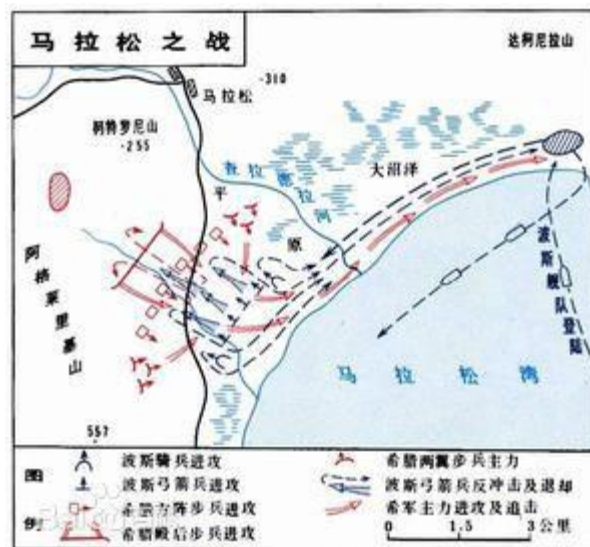
Bird's nest 鸟巢



Reading

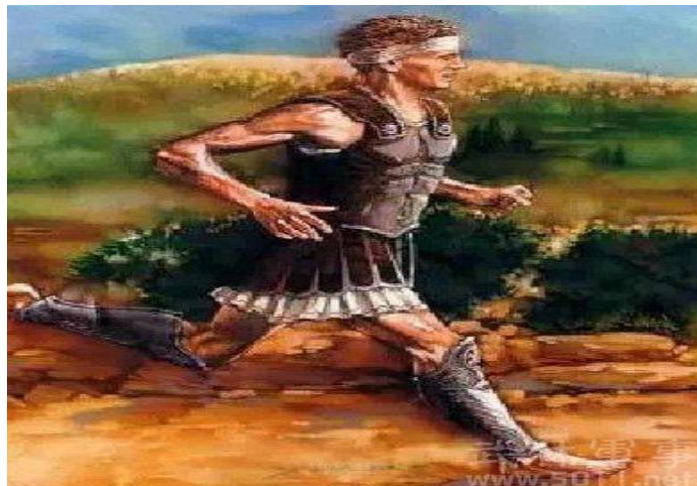
- In September of 490 BC, a fierce battle between the Persians and the Greeks happened at a place called Marathon, north of Athens.

公元前490年九月，波斯人和希腊人在雅典北部的马拉松发生了一场激烈的战斗。



- With great joy,the Greeks sent Pheidippides,a soldier who was good at running,back to Athens to tell their people the news of victory.

欣喜若狂的希腊人派了一名擅长奔跑的战士回到雅典，告诉他们胜利的消息。



- From..... to.....:从.....到.....
- Pheidippides was eager to get to Athens as soon as possible.

菲迪皮茨急于尽快回到雅典。

- Kept on:持续，不停。
keep on+doing sth.

- When he finally got to the city of Athens, he couldn't move any more.

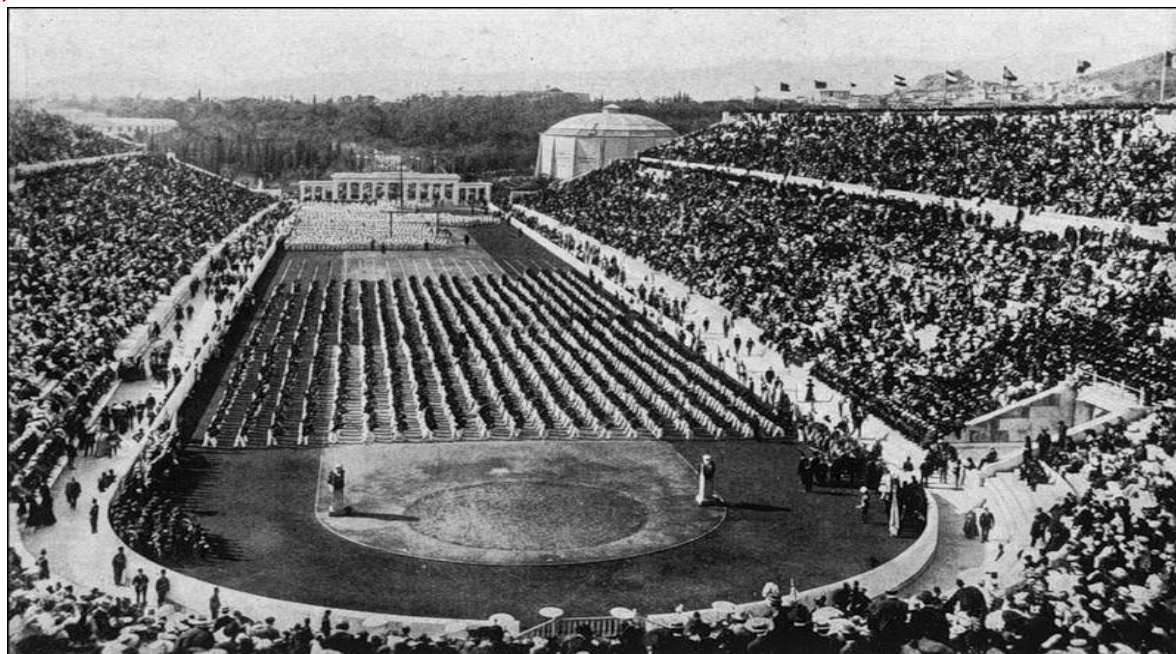
Not.....any more: 再也不.....

当他最终到达雅典时，累的再也不能动弹了。



- When the first modern Olympic Games were held in Athens at the end of the 19th century.

19世纪末第一届现代奥林匹克运动会在雅典举行。



- The distance of 42.195km is such a long way to run that not all the runners can finish the race.

42.195Km是一个很长的距离，不是所有的赛跑选手都能跑完全程。

- The important thing in the Olympic Games is not winning, but taking part.

在奥林匹克运动会中，重要的不是获胜，而是参与。

- They take part in a marathon race to show their strength and will, and in their lives they will keep and develop the spirit of Marathon, “Keep on, never give up.”

他们通过参加马拉松来展示自己的力量和意志力，并且在生活中也将继续保持和发扬这种精神，这就是“坚持，决不放弃！”

马拉松精神：挑战自我，超越极限， 坚韧不拔，永不放弃

- Challenge yourself
- Beyond the limits
- Be persistent
- Never give up



Check your understanding

- In September of _____ a fierce battle between the persians and the Greeks _____ at a place called Marathon, about _____ miles _____ Athens.
- Pheidippides _____ running and running. He was very tired, but he _____.

Check your understanding

- When _____ were held in Athens at the end of _____ people were _____ to recall the ancient glory of Greece.
- They take part in Marathon race to show their strength and will, and in their lives, they will _____ the spirit of Marathon, “ _____ ”